

# Find Your Ring Size

US Size	European Size	Inside Diameter (mm)
3	44.0	14.10
3.5	45.5	14.50
4	46.5	14.90
4.5	48.0	15.30
5	49.0	15.70
5.5	50.5	16.10
6	51.5	16.50
6.5	53.0	16.90
7	54.5	17.30
7.5	55.5	17.70
8	57.0	18.10
8.5	58.0	18.50
9	59.5	18.90
9.5	61.0	19.30
10	62.0	19.70
10.5	63.5	20.10
11	64.5	20.50
11.5	66.0	20.90
12	67.5	21.40
12.5	68.5	21.80
13	70.0	22.20
13.5	71.0	22.60
14	72.0	23.00
14.5	73.5	23.40
15	74.5	23.80

When buying stackable rings or a wide shank ring, please consider that the rings should be one size bigger than your regular size.

## If you know your ring size:

Use this conversion table and choose the relevant size.

## If you don't know the ring size:

Print this page, be sure printer is set to print at 100%.

Check your print accuracy by making sure that the scale measures exactly 50mm.

Place one of your rings against the circle. When the circle and the internal ring diameter match, you have found your correct ring size

